



PARENTAL READINESS AND
EMPOWERMENT PROGRAM

A PROGRAM OF
THE LAWYERS'
COMMITTEE FOR
CIVIL RIGHTS

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NEWSLETTER

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October is National Bullying Prevention Awareness

This October marks the 10th anniversary of the nationwide campaign to educate and raise awareness of bullying prevention. Bullying has been an unfortunate part of school for years, however, the prevalence of social media and technology has created a new venue for bullying to occur. As a parent, it is important to learn the signs of your child's potential involvement in bullying and how to appropriately respond.

As a parent, addressing the signs of bullying early is important. Teaching your child how to be caring to others, get along, deal with angry feeling in a healthy way, and stand up for themselves without using aggression goes a long way in preventing bullying from happening in the first place. Encourage your child to talk about what is happening in school and make sure your child understands the importance of reporting bullying. Whether your child is being bullied, bullying others, or witnessing bullying, they will

usually show warning signs, so learn to recognize them. These warning signs often appear in behavioral or emotional changes in your child's demeanor.



Approaching your child about these issues is important as often times children will not ask for help. As a parent it is important to learn what bullying is and the steps you can take in bullying prevention. Your child's school often has helpful information on bullying prevention and there are many online resources that can help you gain a better understanding of how to be the best resource for your child.



Director's Comments

As a parent, it is emotionally difficult to hear that your child is involved in bullying. Whether your child is being bullied, bullying others, or witnessing bullying, it is hard to know the best response .

Whatever steps you choose to take in advocating for your child's education, we at PREP are here to help. For more information on how to be the best advocate you can be for your child's education visit our website at: <https://prepparents.org/>

Along with the start of the school year comes some exciting beginnings for PREP as well. Join us in welcoming Pooja Chaudhuri , and Andrew Hairston to our wonderful team! Pooja is a graduate from Berkeley Law whose work focuses on the school to prison pipeline, special education advocacy and desegregation of higher educational institutions under Title VI of the Civil Rights Act of 1964. Andrew Hairston is a graduate of Louisiana State University and has worked extensively for racial justice through his graduate and undergraduate career. We are eager to see what their expertise will contribute to the work at PREP.

Along with the addition of these new fellows, PREPs has launched its new E-clinic in California! Through one on one virtual meetings, with a volunteer advocate, parents will be able to have their questions answered related to special education school discipline, English learners, and discrimination.

Natasha Quiroga is PREP Manager and Senior counsel on the Education Opportunities Project.

www.PREPParents.org



PREP Resources

NOW PLAYING...

VIDEO TUTORIALS

- ◆ *Parent Advocacy*
- ◆ *Navigating the School System*
- ◆ *Special Education*

www.youtube.com/prepparents

STATE-SPECIFIC PARENT GUIDES

- ◆ *On education law and policies*

www.prepparents.org/resources/for-parents/

RECORDED WEBINARS

- ◆ *Parent advocacy*
- ◆ *Mobilization*
- ◆ *Special Education Process*

www.prepparents.org/webinar

UPCOMING EVENTS...

WEBINARS

Oct. 26 - School Discipline

English webinar: 12:00 p.m. ET/9:00 a.m. PT

Spanish webinar: 6:00 p.m. ET/3:00 p.m. PT

RSVP: prepparents.org/webinar

VIDEO TUTORIALS

Oct. 26 - Discipline

PARENT ADVOCACY WORKSHOPS

Oct. 1 - Minneapolis, MN

Oct. 22 - San Diego, CA

GRAD NATION SUMMIT

Oct. 20 - San Diego, CA



PEP TALK FROM PREP!

Bullying Prevention Tips From PREP

Knowing how to respond to bullying is a difficult task, here are some tips to better understand how to address these tough issues with your child.

1. Communicate with your child:

- Check in with your child. Make sure they feel comfortable communicating with you about these issues.

2. Communicate with your child's school:

- Know the school's policy on bullying. Communicate with your school if your child is involved in bullying.

3. Report:

- If you find that your child is involved in bullying, encourage them to report the issue to the school. Write down everything. For younger children, report the issue yourself. Setting up a meeting to discuss further what is going on is often very helpful in ensuring the issue resolved.

4. Learn the Law:

- If you think your child is involved in bullying at school, learn your state's anti-bullying laws. These laws will lay out what your state requires schools to do in response to bullying.



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